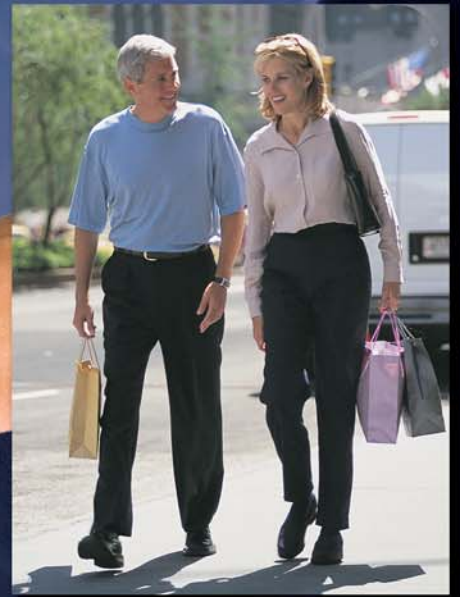


GelSmart™ by **PediFix®**



Foot Protection Products

Immediate Pain Relief...Satisfied Patients...Guaranteed

Dear Colleague,

In your hands is the most complete guide to GelSmart™ Visco-Gel® Foot Protection Products ever published.

Inside you'll find treatment options offering:

- **Instant relief of pain, pressure and friction**
- **Cushioned protection for sensitive areas**
- **Softening, soothing of hard, dry or irritated skin**
- **Long-lasting durability**
- **Simple, easy-to-use applications**
- **Lower costs**
- **And perhaps most important, patients love 'em!**

With a basic supply – as found in our Large Treatment Kit (see page 8) -- you're ready to treat dozens of patients quickly and easily. Included here are many new items never before available. So be sure to review and save this valuable guide for future reference. You're certain to find helpful products for your use now and in the future.

These products were developed in partnership with the experts at GelSmart™ -- the original innovators of orthopedic and podiatric gel materials. In addition to protective cushioning, our unique Gel polymers provide multiple benefits.

As we have for four family generations since 1885, we look forward to serving you, your practice and your patients. To order, please contact us or our authorized distributors, and ask for GelSmart™ foot protection products by name.

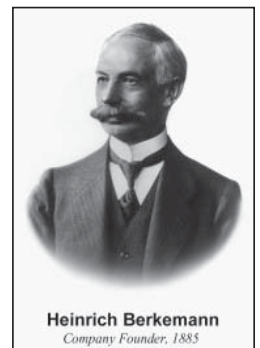
Sincerely,



Dennis Case
PediFix Footcare Company

P.S. Compare these to other Gel treatment products – you'll get better treatment outcomes that cost less!

*Expect outstanding products,
service and support from the only
fourth-generation, family-owned
business in the footcare industry*





We understand gels; we understand anatomy — and how they work together. Our products are designed for optimal functionality and best value in traditional footwear and orthopedic styles. The first and most important ingredient is the gel material. We offer three basic formulations in a range of durometers to meet every range of performance and cost parameters.



(Pure, Medical-Grade Mineral Oil Thermoplastic Elastomer)

This advanced oil-based polymer gel slowly releases a medical grade mineral oil that softens and moisturizes skin. Dermatologist tested, hypoallergenic and odorless. M+Gels are cost-effective for most applications including; orthopedic products, prosthetic and orthotic products and wound care. They are highly suitable for use in, cosmetics, skin-hydration delivery systems and consumer health care products.

- Soft
- Immediately Comfortable against the skin
- Very flexible for; elbows, heels, fingers and toes



(Pure Medical-Grade Silicone)

Silicone is considered the traditional material for the medical community. S+Gels are ideally suited for use in a wide range of medical products, including; orthopedic devices, prosthetic liners and wound and scar management. Our 100% medical grade silicone is soft, hypoallergenic, durable and washable.

- Provides high shock absorption and long product life
- May be combined with fabrics and materials
- Never bottoms out



(Versatile Standard Thermoplastic Elastomers)

T+Gels, oil-based TPEs, are ideal for use in cushioning and shock-absorption products such as insoles, inserts and more. They perform well in uses ranging from medical devices to personal care appliances.

- Resists tearing and abrasion
- Absorbs high shock and shear forces
- Retains original shape

Toe Comfort



All-Gel Toe Separators

- Fit comfortably between toes to absorb pressure
- Helps reduce friction and irritation between toes
- Helps relieve pain from soft corns, overlapping toes, nail problems and bunions
- Hypoallergenic, washable and reusable

15/pk

Small # 1100-M

Large # 1102-M

New size X-Large # 1103-M



All-Gel Toe Spacers

- Straighten and align toes and relieve pressure from bunions
- Gel retains shape - will not deform or degrade with use
- Washable and reusable

4/pk

Small # 1125-M

Medium # 1126-M

Large # 1127-M



All-Gel Toe Crests

- Ease discomfort from hammer, claw and mallet toes
- Flexible loop fits easily over toe to stay in place
- Durable, hypoallergenic, washable and reusable
- Gel retains shape - will not deform or degrade with use

3/pk

Small/Right # 3025-M

Small/Left # 3026-M

Medium/Right # 3027-M

Medium/Left # 3028-M

Large/Right # 3029-M

Large/Left # 3030-M

New size Universal - One Size #3035-M

S-T-R-E-T-C-H-A-B-L-E
Toe loop will not break

Available in Packaging for
Retail

Toe Comfort



All-Gel Toe/Finger Tubes

- Traditional shape for relieving pressure and friction on toes or fingers
- All-gel design is comfortable and stretchable
- Provides protection and comfort for corns, hammer toes, keratotic lesions and partially amputated digits
- Trimmable, washable and reusable

10/pk

Small # 1027-M

Medium # 1028-M

Large # 1029-M

New



Available in
Packaging for
Retail

All-Gel Little Toe Sleeves

- Specifically designed for smaller toes
- Conical shape for secure fit
- High-grade mineral oil soften corns
- Won't roll or migrate
- Thick enough to protect, thin enough to fit
- Help relieve pain from tight shoes or other pressure
- Trimmable, washable and reusable

10/pk

One Size # 1026-M

New



All-Gel Toe/Finger Cap

- First engineered toe/finger cap
- All-gel design of soft vitamin-enriched M+Gel to soften, soothe and protect skin
- Superior cushioning, protection and relief for corns, calluses, hammer toes, nails and cuticles
- Thin side walls, thicker at distal end
- Comfort vent for breathability
- Trimmable, washable and reusable

10/pk

Small / Medium # 1075-M

Large / X-Large # 1076-M

XX-Large # 1077-M

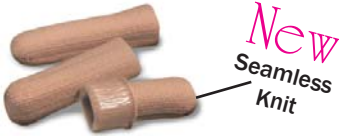
Toe Comfort



New
Mesh

Available in
Packaging for
Retail

Ribbed with
Traditional Seam



New
Seamless
Knit



Available in
Packaging for
Retail

Digital Cap

- Fully coated with soft medical-grade, vitamin-enriched mineral oil gel to soften, soothe and protect fingers and toes
- Superior cushioning, protection and relief for corns, calluses, nails and cuticles, hammer toes and partially amputated digits
- Trimmable, washable and reusable
- The seamless version provides extra comfort



6/pk

Small / Medium
Large / X-Large
2X-Large

Ribbed

1050-M
1051-M
1052-M

Seamless

Knit

1053-M
1054-M
1055-M

Mesh

1056-M
#1057-M
N/A

Corn Pads

- Traditional product for protecting toes or fingers
- Flexible fabric ½ coated with soft gel
- Helps relieve pain from corns, blisters, hammer toes, calluses and other digital injuries.
- Trimmable, washable and reusable



12/pk

Small / Medium # 1000-M
Large / X-Large # 1001-M

Toe Comfort



Digital Pads - 24" Strip

- Helps relieve pain from corns, calluses, nail problems, dry or damaged cuticles
- Protection for toes/ fingers from pressure, shock and shear
- Uniform round dots of soft, comfortable gel on each strip - can be easily cut to place padding where needed
- Washable and reusable

2/pk

Small / Medium # 1175-M

Large / X-Large # 1176-M



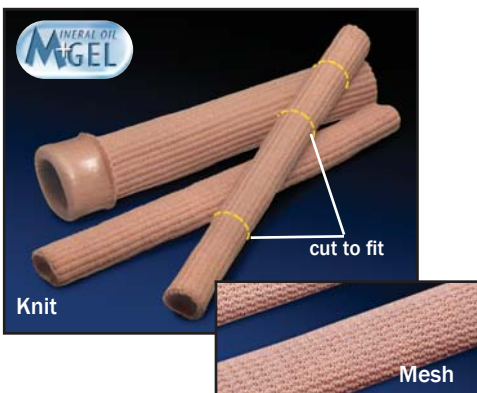
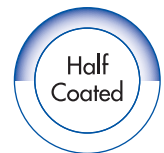
Half-Coated Digital Strip - 24"

- Helps relieve pain from soft corns, overlapping toes, nail problems and bunions
- Reduces friction and irritation between toes with vitamin-enriched mineral oil gel
- Gel retains shape - will not deform or degrade with use
- Hypoallergenic, washable and reusable

2/pk

Small / Medium # 1150-M

Large / X-Large # 1151-M



Fully-Coated Digital Tubes - 6"

- General toe/finger protection
- Fully lined with vitamin-enriched gel
- Helps relieve pain from corns, calluses, nail problems, dry cuticles, abrasions
- Flexible ribbed or mesh fabrics conform well to digits
- Can be easily cut to fit any size required
- Washable and reusable

3/pk

Narrow - 3/4"

Wide - 1"

Mesh

1202-M

1207-M

Ribbed

1200-M

1201-M



Gel Body Tubing



Wide Mesh Tubing - 10"

- Helps reduce friction, abrasion and shear force
- Fully lined with vitamin-enriched gel
- Flexible mesh fabric stretches easily
- Arm or leg protection
- Can be easily cut to fit any size required
- Washable and reusable



1/pk

X-Wide (3")

1203-M



KIT-1 (standard)

Orthopedic and Skin Care Products Kits

- An assortment of digital and skin care products
- Convenient storage case with separate compartments
- Excellent way to store and display our more popular products

KIT-1 (standard) 29 pcs

KIT-2 (deluxe) 49 pcs



KIT-2 (deluxe)

Standard Kit Contents:

- 6 Toe Separators
- 3 Toe Spacers
- 2 Universal Toe Crests
- 3 All Gel Toe Caps
- 3 Ribbed Toe Caps
- 2 Mesh Toe Caps
- 4 Corn Pads
- 2 Fully Coated Ribbed Tubes
- 2 Fully Coated Mesh Tubes
- 2 Bunion Guards

Deluxe Kit Contents:

- 9 Toe Separators
- 9 Toe Spacers
- 2 Universal Toe Crests
- 6 All Gel Toe Caps
- 6 Ribbed Toe Caps
- 6 Corn Pads
- 2 Fully Coated Ribbed Tubes
- 2 Fully Coated Mesh Tubes
- 1 Wide Mesh Tube
- 4 Bunion Guards
- 1 Gel Sheet w/Cover
- 1 Gel Sheet Uncovered

Metatarsal & Forefoot



S-T-R-E-T-C-H-A-B-L-E
Toe loop will not break

Metatarsal Pad with Toe Loop

- Soft gel cushions and supports while effectively absorbing shock and shear forces
- Protection, comfort and relief for the entire forefoot, especially the metatarsal heads
- Ideal for fat pad atrophy and Metatarsalgia
- Gel retains shape - will not deform or degrade with use
- Washable and reusable

1/pk

Small/Right	# 3004-M
Small/Left	# 3005-M
Large/Right	# 3006-M
Large/Left	# 3007-M



Metatarsal Pad with Toe Separator

- Soft gel cushions while effectively absorbing shock and shear forces
- Designed with integral toe separator to help realign toes and prevent inter-digital toe abrasion and discomfort while providing protection and comfort for the entire forefoot
- Protects the metatarsal heads
- Ideal for fat pad atrophy and Metatarsalgia
- Gel retains shape - will not deform or degrade with use
- Washable and reusable

1/pk

Small/Right	# 3000-S
Small/Left	# 3002-S
Large/Right	# 3001-S
Large/Left	# 3003-S



Comfort Gel Skin™ Thin Forefoot Pad

- Soft gel pad with flexible, thin elastic loop attachable over second or third toe
- Ideal for protection of metatarsal heads from friction and pressure in dress, high-heeled or other tight-fitting footwear
- Helps relieve burning sensation under the metatarsal heads and other pain from calluses, Morton neuromas and atrophy of the fat pad
- Fabric top cover prevents sliding in footwear
- Washable and reusable

1 pair/pk

Small/Medium	# 1275-M
Large	# 1276-M

Metatarsal & Forefoot



Comfort Gel Skin™ Forefoot Cushions with Strap

- Soft gel pad protects metatarsal heads from friction, pressure and abrasion
- Relieves burning sensation under the metatarsal heads and other pain from calluses, Morton neuromas and atrophy of the fat pad
- Thin elastic loop attachable over second or third toe
- Fabric top cover prevents sliding in footwear
- Ideal for use in high heels and fashion footwear
- Washable and reusable

1 pair/pk

Small # 1250-M

Large # 1252-M



Forefoot Relief Pad

- Cushions the ball of the foot to help prevent aches and pains
- Shock-absorbing pattern which holds the product in place
- Recommended for high heels, sandals or boots
- Durable, to provide all-day cushioning
- Transparent to match any shoe
- Optional **Anti-microbial top cover** absorbs odor and prevents bacterial growth
- Washable and reusable

1 pair/pk **Uncovered**

One size # 1281-T

Covered

1281-TC

New



Universal Met Strap (UMS)

- Protects metatarsal heads from pressure and shear forces
- Relieves burning sensation under the metatarsal heads and other pain from calluses, Morton neuromas and atrophy of the fat pad
- Flexible, durable outer fabric for comfort and conformability
- Washable and reusable

1/pk

Uncovered

Covered

Small/Medium Right # 1229-M

1225-MC

Small/Medium Left # 1230-M

1226-MC

Large/X-Large Right # 1231-M

1227-MC

Large/X-Large Left # 1232-M

1228-MC

New
thin design
less bulk



Metatarsal & Forefoot



Comfort Gel Forefoot Protector

- Constructed from a thin layer of gel covered on both sides with fabric
- Provides complete toe protection
- Extends beneath the metatarsal heads
- Comfortable in every day footwear
- Washable and reusable

1/pk

Small/Medium # 1342-M

Large/X-Large # 1343-M



Comfort Gel Skin™ Slip-on Forefoot Protector

- Constructed from a thin layer of gel covered on both sides with fabric
- Helps relieve burning sensation under the metatarsal heads
- Re-distributes and eases impact pressure from walking or running
- Easy to apply and remove
- Comfortable in every day footwear
- Washable and reusable

1/pk

Small/Medium # 1328-M

Large/X-Large # 1330-M

New



Comfort Gel Skin™ Thin Forefoot Cushion

- Constructed from a 2mm thin layer of gel between the fabric
- Helps relieve burning sensation under the metatarsal heads
- Re-distributes and eases impact pressure from walking or running
- Toe loop keeps cushion from sliding
- Comfortable in every day footwear
- Washable and reusable

1/pk

Small/Right # 1321-SC

Small/Left # 1322-SC

Large/Right # 1323-SC

Large/Left # 1324-SC

New



Bunion Relief



Comfort Gel Skin™ Bunion Relief - Thin Dress

- 3mm pad protects bunions by absorbing shock and shear forces, designed to fit comfortably in dress shoes
- Soft stretch-fabric cover positions gel pad over bunions (hallux joint)
- Uncovered version allows mineral oil gel to soften inflated or hardened bunions (hallux joint) through direct contact with skin
- Secures comfortably over the big toe and around the foot to prevent sliding
- Washable and reusable

1/pk	Uncovered	Covered
Small/Medium	# 1306-M	# 1303-MC
Large/X-Large	# 1307-M	# 1304-MC

Comfort Gel Skin™ Bunion Relief - Extra Protection

- 5mm pad protects bunions by absorbing shock and shear forces, best used with comfort, athletic or other footwear providing extra depth
- Soft stretch-fabric cover positions gel pad over painful bunions (hallux joint)
- Uncovered version allows mineral oil gel to soften inflated or hardened bunions (hallux joint) through direct contact with skin
- Secures comfortably over the big toe and around the foot to prevent sliding
- Washable and reusable

1/pk	Uncovered	Covered
Small/Medium	# 1312-M	# 1309-MC
Large/X-Large	# 1313-M	# 1310-MC



All-Gel Bunion Guards - Hallux & Tailor's

- For protection of the hallux and/or tailor's bunion from friction and pressure
- Soft, flexible gel pad softens tender joint and surrounding tissue
- Comfortable toe loop slides over toe to hold product in place
- Thin profile design, fits in all footwear
- Washable and reusable



1/pk		
Hallux Guard	# 1316-M	
Tailor's Guard	#1319-M	

Heel / Ankle Protection



Achilles Heel Protection Sleeve

- Ideal for relief from pump bumps (Haglund deformity) or sore, fatigued or injured Achilles tendon
- Soft, comfortable gel pad protects the posterior of the heel from friction while gently compressing and reducing pressure
- Washable and reusable
- Slim profile design fits in most footwear

1/pk

Small/Medium # 1400-M

Large/X-Large # 1401-M



Malleolar Protection Sleeve

- Protective cushioning around ankle bones, relief of pressure build-up during high-impact sports, and as a protective under sleeve for lower-extremity orthotics
- Soft, comfortable pad provides gentle compression around ankle bones while reducing abrasion and shear forces
- Mineral oil gel soothes and moisturizes skin on contact
- Ideal ankle protection in boots and braces
- Washable and reusable

1/pk

One Size Fits Most # 1405-M

Available in
Packaging for

Retail



Gel Ultimates® Love your Flip Flops - Thong Sandal Guards

- Prevent chafing and rubbing from toe posts on flip flops and thongs
- Soft, flexible gel soothes and protects
- Virtually invisible polyurethane gel wraps around toe post
- Thin profile design, fits in dress or casual sandal styles
- Self-adhesive, washable and reusable

1 pair/pk

Sandal Guard
w/ Ball-of-Foot Cushion # 1133

Sandal Guard
Dress Version # 1131-M

Heel / Ankle Protection



Gel against the skin

Dorsum Protection Sleeve

- Protection from top of foot to the shin by reducing pressure, shear forces and friction
- Popular product used as an interface between the foot and boot
- Comfortable elastic sleeve holds molded, gel liner in place on top of the foot
- Washable and reusable

1/pk

Small/Medium # 1408-M

Large/X-Large # 1409-M

Achilles/Dorsum Protection Sleeve

- Protection for both the top of the foot and Achilles tendon by reducing pressure, shear forces and friction from boots
- Mineral oil soothes skin on contact
- Protects from abrasions caused by athletic footwear without added bulk
- Comfortable elastic sleeve holds molded, gel liner in place on top of the foot and behind the Achilles tendon
- Washable and reusable

1/pk

Small # 1412-M

Large # 1413-M



Gel against the skin

Heel-Elbow Slip-Over

- Reduces pressure, shear and skin break-down on either heel or elbow
- Extra padding and protection for the ulnar nerve
- Acts as an artificial fat pad for the heel
- Soothes and softens dry, cracked skin
- Washable and reusable

1/pk

Small/Medium # 1425-M

Large/X-Large # 1426-M



Gel Pads / Squares



Body Disks

- Soft formulation for anywhere on the body to off-load pressure and absorb shock or shear forces
- 5mm thick pure M+Gel available with or without pressure-sensitive adhesive backing
- Mineral oil moisturizes skin at point of contact
- Adhesive backing can be applied to many thermoplastics after molding
- May help improve the appearance of scars

2/pk	4" Round	2.5" Round
5mm	# 1350-M	# 1354-M
5mm w/ adhesive	# 1351-M	# 1355-M

Squares and Sheets



- Soft formulation for anywhere on the body to off-load pressure and absorb shock or shear forces
- 5mm thick pure M+Gel available with or without pressure-sensitive adhesive backing
- Peel-and-stick adhesive backing for secure placement anywhere
- Mineral oil moisturizes skin at point of contact
- May help improve the appearance of scars

2/pk	4" Square
5mm	# 1352-M
5mm w/ adhesive	# 1353-M

Dots on a Sheet w/ Adhesive Backing



- Soft formulation for anywhere on the body to off-load pressure and absorb shock or shear forces
- 3mm thick pure M+Gel available with pressure-sensitive adhesive backing
- Mineral oil moisturizes skin at point of contact
- Adhesive backing can be applied to thermoplastics after molding
- May help improve the appearance of scars

1 Sheet/pk	25mm dot
15 dots per sheet	# 1360-M
3mm	

Gel Pads / Squares



Body Disks with Hook Backing

- Soft formulation for anywhere on the body to off-load pressure and absorb shock or shear forces
- 3mm or 6mm thick pure M+Gel
- Mineral oil moisturizes skin at point of contact
- Hook backing can be applied to many surfaces, including splints and braces with fabric lining

2/pk
3mm
6mm

2.5" Round
3561-M
3562-M



use on foam
inside braces for a
comfortable fit



4" x 6" Sheets with Hook Backing

- Soft formulation for anywhere on the body to off-load pressure and absorb shock or shear forces
- 3mm or 6mm thick pure M+Gel
- Mineral oil moisturizes skin at point of contact
- Hook backing can be applied to many surfaces, including splints and braces with fabric lining



2/pk
3mm
6mm

4" x 6"
3565-M
3566-M

Insoles



GelStep Thin Dress Insole

- For absorbing shock, enhanced comfort and forefoot pressure relief while wearing high-heeled and tight-fitting shoes
- Thin design fits into most women's dress footwear
- **Anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Can be trimmed to desired size
- Washable and reusable

1 pair	Covered
Small	# 7225-SC
Medium	# 7226-SC
Large	# 7227-SC



GelStep Thin Dress Insole w/High Metatarsal Rise

- For absorbing shock, enhanced comfort and forefoot pressure relief while wearing high-heeled and tight-fitting shoes
- Thin design fits into most women's dress footwear
- Soft metatarsal rise re-distributes pressure on forefoot for relief and comfort, while providing added support and stability
- Can be trimmed to desired size • Washable and reusable
- **Anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 7025-S	# 7025-SC
Medium	# 7026-S	# 7026-SC
Large	# 7027-S	# 7027-SC



GelStep Thin Dress Insole w/Low Wide Metatarsal Rise

- For absorbing shock, enhanced comfort and forefoot pressure relief while wearing high-heeled and tight-fitting shoes
- Thin design fits into most women's and men's dress footwear
- Soft, wide metatarsal pad provides maximum comfort while easing pressure on forefoot
- **Anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Can be trimmed to desired size
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 7029-S	# 7029-SC
Medium	# 7030-S	# 7030-SC
Large	# 7031-S	# 7031-SC

Insoles



GelStep 3/4 Length **Dual Durometer Deep Insole**

- High medial and lateral walls cradle soft rear-foot tissues
- “Blue zone” area of softer silicone provides spot relief under heel area for maximum comfort.
- Raised pad of softer silicone in metatarsal area relieves pressure on metatarsal heads.
- Can be trimmed to desired size. Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 7000-S	# 7000-SC
Medium	# 7001-S	# 7001-SC
Large	# 7002-S	# 7002-SC
X-Large	# 7003-S	# 7003-SC
2X-Large	# 7004-S	# 7004-SC



GelStep Thin Insole w/Soft Reliefs

- Full foot coverage with dual-durometer construction for pressure-point relief and comfort
- Provides extra shock absorption under the heel and forefoot
- Waffle-design in forefoot enhances shock absorption
- Can be trimmed to desired size
- Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 7250-S	# 7250-SC
Medium	# 7251-S	# 7251-SC
Large	# 7252-S	# 7252-SC
X-Large	# 7253-S	# 7253-SC



GelStep Low-Profile Insole w/Soft Heel, Met Rise & Toe Crest

- Relieves heel pain and improves stability while redistributing pressure
- Toe crest helps straighten hammer toes and ease discomfort from other toe problems
- Low profile design made for comfortable fit in today's footwear
- Can be trimmed to desired size • Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot slide easily into the shoe.

1 pair	Uncovered	Covered
Small	# 7300-S	# 7300-SC
Medium	# 7301-S	# 7301-SC
Large	# 7302-S	# 7302-SC
X-Large	# 7303-S	# 7303-SC

Insoles



GelStep Low-Profile Insole - Soft Heel, Met

w/ Anti-Microbial Top Cover

- Relieves heel pain and improves stability while redistributing pressure
- Low profile design made for comfortable fit in today's footwear
- Can be trimmed to desired size
- Washable and reusable
- **Anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Covered
Small	# 7304-SC
Medium	# 7305-SC
Large	# 7306-SC
<i>New size</i> X-Large	# 7307-SC



GelStep Flat Low-Profile Insole

w/ Anti-Microbial Top Cover

- Absorbs shock and shear without flattening
- Flat design fits into all types of men's and women's footwear
- Can be trimmed to desired size
- Washable and reusable
- **Anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Covered
Small	# 7125-SC
Medium	# 7126-SC
Large	# 7127-SC



GelStep Replacement Insole - Soft Heel & Met Zones

- Relieves heel pain and improves stability
- Thicker design works well in active-wear shoes and boots
- Can be trimmed to desired size
- Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 7050-S	# 7050-SC
Medium	# 7051-S	# 7051-SC
Large	# 7052-S	# 7052-SC
X-Large	# 7053-S	# 7053-SC
2X-Large	# 7054-S	# 7054-SC
3X-Large	# 7055-S	# 7055-SC

Insoles



GelStep Replacement Insole - Met Rise

- Dual durometer construction for extra protection of heel, mid-foot and forefoot areas
- Cushions the foot, ankle and knee from impact and shock
- Can be trimmed to desired size
- Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows the foot to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 7075-S	# 7075-SC
Medium	# 7076-S	# 7076-SC
Large	# 7077-S	# 7077-SC
X-Large	# 7078-S	# 7078-SC
2X-Large	# 7079-S	# 7079-SC
3X-Large	# 7080-S	# 7080-SC

Look For:
"Blue Zone"
Comfort

Dress Insoles

	Men	Women
Small	4-5½	5-7
Medium	6-7½	7½-9½
Large	8-9	10-12

¾ & Full Length Insoles

	Men	Women
Small (36)	4-5½	5-7
Medium (38)	6-7½	7½-9½
Large (40)	8-9	10-12
X-Large (42)	9½-11	-
2X-Large (44)	11½-12½	-
3X-Large (46)	13+	-

Heel Cups & Pads

	Men	Women
Small	-	4-7
Medium	6-8½	7½-10
Large	9-11½	10½-12
X-Large	12-14½	12+
2X-Large	15+	-

* Not all styles are available in every size.

Heels



New



GelStep Low-Profile Heel Pad - Removable Spur

- Use with spur plug for shock absorption, or removed for spur relief
- Medium-density silicone efficiently absorbs impact and recovers quickly
- Spur pad fits correctly under the heel aperture
- Retains shape – will not deform or degrade with use
- Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe.

1 pair	Uncovered	Covered
Small	# 5125-S	# 5125-SC
Medium	# 5126-S	# 5126-SC
Large	# 5127-S	# 5127-SC



New



"Shock-absorbing" pattern

GelStep Low-Profile Heel Pad – Waffle Design

- Protection for general use and high-impact activities
- Waffle pattern maximizes shock absorption
- Thin heel fits comfortably in most footwear
- Retains shape – will not deform or degrade with use
- Washable and reusable
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot and insert to slide easily into the shoe

1 pair	Uncovered	Covered
Small	# 5150-S	# 5150-SC
Medium	# 5151-S	# 5151-SC
Large	# 5152-S	# 5152-SC



GelStep Flexible Dress Heel Pad – Spur-Relief Design

- Molded, flexible silicone gel wraps around the inside of the shoe to cradle the heel
- Helps to secure the heel
- Provides heel spur relief
- Can be trimmed to size

1 pair	
Small	# 5175-S
Medium	# 5176-S
Large	# 5177-S

Heels



GelStep Firm-Recovery Heel Cup – Traditional Design

- For protection during sports and other high-impact activities
- Firm density silicone efficiently absorbs impact and recovers quickly
- Uniform support
- Retains shape – will not deform or degrade with use
- Washable and reusable

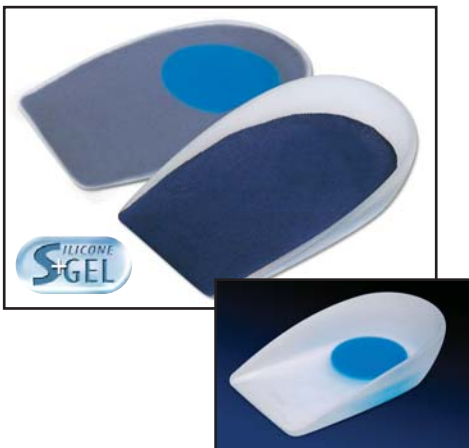
1 pair	Uncovered
Small	# 5003-S
Medium	# 5004-S
Large	# 5005-S



GelStep Medium-Recovery Heel Cup – Traditional Design

- For protection during sports and other high-impact activities
- Medium-density silicone efficiently absorbs impact and recovers quickly
- Uniform support
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small/	# 5000-S	# 5000-SC
Medium	# 5001-S	# 5001-SC
Large	# 5002-S	# 5002-SC



GelStep Medium-Recovery Heel Cup – Soft Center Spot

- Dual durometer for maximum comfort while standing, walking or running
- Medium-durometer silicone in main body efficiently absorbs impact and recovers quickly
- Softer silicone “**blue zone**” area under heel maximizes shock absorption and comfort at point of impact
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 5025-S	# 5025-SC
Medium	# 5026-S	# 5026-SC
Large	# 5027-S	# 5027-SC
<i>New size</i> X-Large	# 5031-S	# 5031-SC
<i>New size</i> XX-Large	# 5032-S	# 5032-SC

Heels



GelStep Firm-Recovery Heel Cup – Soft Center Spot

- Dual durometer for maximum comfort while standing, walking or running
- Traditional orthopedic design uses firm silicone in main body for maximum impact absorption and recovery
- Softer silicone “blue zone” area under heel maximizes shock absorption and comfort at point of impact
- Retains shape – will not deform or degrade with use
- Washable and reusable

1 pair

Small	# 5028-S
Medium	# 5029-S
Large	# 5030-S



GelStep Medium-Recovery Heel Cup – Soft Spur Spot

- Dual durometer for medial-side or spur/fascia relief and maximum comfort while standing, walking or running
- Medium-durometer silicone in main body efficiently absorbs impact and recovers quickly
- Softer silicone “blue zone” area provides increased comfort and pain relief
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 5050-S	# 5050-SC
Medium	# 5051-S	# 5051-SC
Large	# 5052-S	# 5052-SC
<i>New size</i> X-Large	# 5056-S	# 5056-SC
<i>New size</i> XX-Large	# 5057-S	# 5057-SC



GelStep Firm-Recovery Heel Cup – Soft Spur Spot

- Dual durometer for medial-side or spur/fascia relief and maximum comfort while standing, walking or running
- Traditional orthopedic design uses firm silicone in main body for maximum impact absorption and recovery
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Covered
Small	# 5053-SC
Medium	# 5054-SC
Large	# 5055-SC

Heels



GelStep Posted Heel Pad – Soft Spur Spot

- Dual durometer for medial-side or spur/fascia relief for users with flat feet, high arches or knee conditions, and for helping runners maintain balance
- Medium-durometer silicone in main body absorbs impact and recovers quickly
- Softer silicone “blue zone” area increases comfort and pain relief from heel spur conditions
- Posted design minimizes pronation, flat feet, or genu valgus knee conditions
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 5075-S	# 5075-SC
Medium	# 5076-S	# 5076-SC
Large	# 5077-S	# 5077-SC



GelStep Medium-Recovery Heel Pad – Soft Center Spot

- Dual durometer for maximum comfort while standing, walking or running
- Medium-durometer silicone in main body effectively absorbs impact and recovers quickly
- Softer silicone “blue zone” area under heel maximizes shock absorption and comfort at point of impact
- Retains shape — will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows the foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 5105-S	# 5105-SC
Medium	# 5106-S	# 5106-SC
Large	# 5107-S	# 5107-SC



GelStep Medium-Recovery Heel Pad – Soft Spur Spot

- Dual durometer for maximum comfort while standing, walking or running
- Thin medium-durometer silicone heel fits comfortably into most footwear and efficiently cushions from impact
- Softer silicone “blue zone” shock pad off center maximizes shock absorption and comfort at point of impact
- Retains shape – will not deform or degrade with use
- Optional **anti-microbial cover** absorbs odor, prevents bacterial growth and allows foot to slide easily into the shoe
- Washable and reusable

1 pair	Uncovered	Covered
Small	# 5100-S	# 5100-SC
Medium	# 5101-S	# 5101-SC
Large	# 5102-S	# 5102-SC

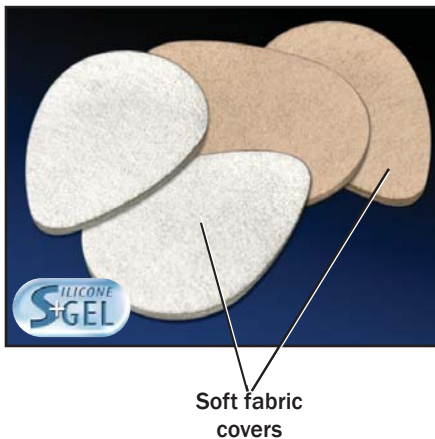
Adhesive Gel Pads



Adhesive Round and Oval Pads - Reusable (2mm)

- Protects with minimal room
- Reduces spot pressures anywhere on the body
- 2mm thick with soft **anti-microbial cloth cover** on one side
- Self-adhesive silicone surface will adhere to delicate skin; can be easily removed, washed and reapplied
- Fits around any bony prominence to relieve pressure on contact

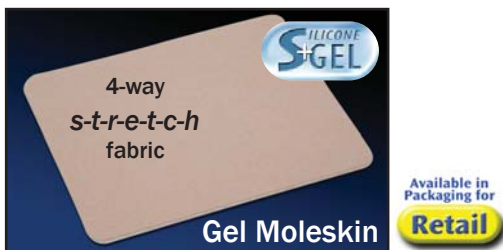
	Round 9 / Sheet	Oval 6 / Sheet
White fabric	# 3150-S	# 3200-S
Beige fabric	# 3151-S	# 3201-S



Adhesive Oval Shaped Pads - Reusable (2mm)

- Add additional padding in dress footwear with minimal room
- 2mm thick with soft **anti-microbial cloth cover** on one side
- Self-adhesive silicone surface will adhere to delicate skin; can be easily removed, washed and reapplied
- Metatarsal shape covers areas of high pressure and can be used to reduce metatarsal pain and discomfort on contact anywhere

4/sheet	
White fabric	# 3175-S
Beige fabric	# 3176-S



Self-Adhesive Sheeting

- For relief from friction and spot pressure
- 2mm thick with clear or 4-way stretch low friction fabric top covers
- Self-adhesive silicone surface will adhere to delicate skin; can be easily removed, washed and reapplied
- May help improve the appearance of scars
- Easily cut to fit anywhere on the body

	Anti-Microbial Top Cover	Clear Top Cover
2.5" x 3" - 10 sheets/pk	# 805	#806
2.5" x 3" - 2 sheets/pk	# 3075-S	# 3076-S
4" x 6" - 1 sheet/pk	# 3080-S	# 3081-S



Skin Care Socks



Available in
Packaging for
Retail



New



New

Available in
Packaging for
Retail

Heel-So-Smooth® Heel Sleeves

- Moisturizing and rejuvenation of dry, cracked, fissured or damaged skin
- Soft stretch fabric easily slides on to cover the heel
- Inside coating of soft mineral oil gel soothes entire heel area on contact
- May be used with creams and heel treatments
- Washable and reusable

1 pair

One Size Blue # 1325-M
Fits Most



Heel-So-Smooth® Heel Sleeves - **VENTED**

- Moisturizing and rejuvenation of dry, chafed, cracked, fissured or damaged skin
- Soft stretch fabric easily slides on to cover the heel
- New vented fabric design allows for better breathability of the skin
- Inside coating of soft mineral oil gel soothes entire heel area on contact
- May be used with creams and heel treatments
- Washable and reusable

1 pair

One Size Blue # 608-M
Fits Most

Gel Ultimates® Moisturizing Booties

- Moisturizes and softens the foot, including as heels and toes
- Proprietary gel lining includes; jojoba oil, olive oil and other nourishing oils
- Pleasant green tea and willow scent
- Washable and reusable

1 pair

One Size Blue/Turquoise Terry # 108-M
Fits Most

Skin Care Mittens & Gloves



NatraCure™ Cold Therapy Socks

- Excellent for heel pain/plantar fasciitis
- Soothes tired, aching muscles, strains and sprains
- Helps improve the mobility of sore feet
- Targeted relief therapy, can be placed around the heel, ball or top of the foot
- Gel packs can be refrigerated or frozen
- Washable and reusable

1 pair

Small/Medium Turquoise Blue # 705

Large/XLarge Black & Turquoise # 707



Gel packs can be frozen



NatraCure™ Heat Therapy Mittens

- Moisturizes and softens hands
- Proprietary gel lining includes; jojoba oil, olive oil and other nourishing oils
- Recommended for those who suffer from diabetes or arthritis as a warming aid
- Anatomically placed pockets contain flax seeds that can be heated in microwave and provide soothing fragrance
- Washable and reusable

1 pair

One Size Turquoise Blue # 458-M

Fits Most



Gel Ultimates® Moisturizing Gloves

- Moisturizes and softens hands and cuticles
- Proprietary gel lining includes; jojoba oil, olive oil and other nourishing oils
- Pleasant green tea and willow scent
- Washable and reusable

1 pair

One Size Green Tea # 218-M

Fits Most

Terry

New



Volume 2
GS1208

*For more information,
or to place an order, contact:*

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